

BRISBANE CITY COUNCIL
ACTIVE AND HEALTHY
LIFESTYLES



Tai Chi for Falls Prevention *and healthy ageing*

Experience the relaxation and improve
your health and fitness for **FREE**

WHEN: Every Thursday 30 July to 3 September 2009
9.30-10.30am Continues until 12th November
Sponsored by BCC GOLD

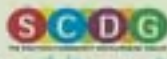
WHERE: Gibson Park, Nicol Street, Stafford
UBD Map 139 Ref K5
Bus no's to Stafford shopping centre: 379,376,375,374,354,358

For queries and bookings please contact
Brisbane City Council's Call Centre on 3403 8888

please turn over



Queensland
Government
Queensland Health



Another way Council is achieving our vision
for the city's future - Living in Brisbane 2026

Dedicated to a better Brisbane