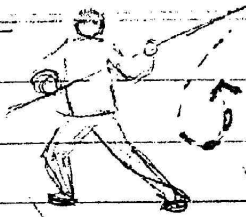
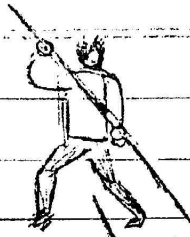




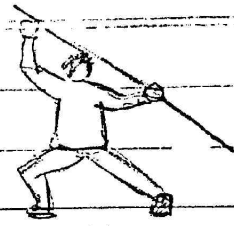
jab



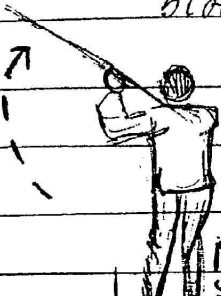
block back



diagonally blocks overhead



rotate around



pull stick down



raise knee



step down



roll



step



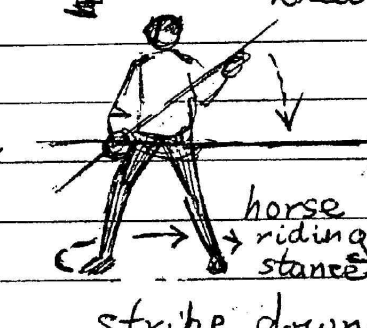
kneel down



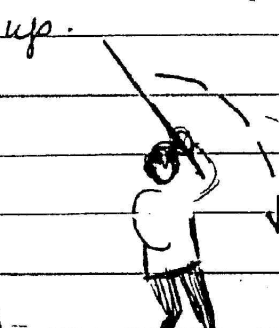
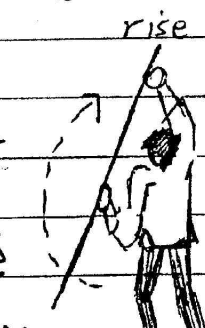
rise up



turn



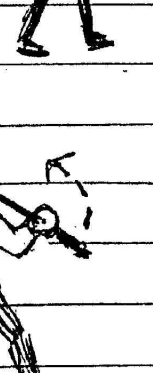
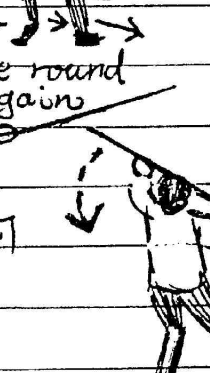
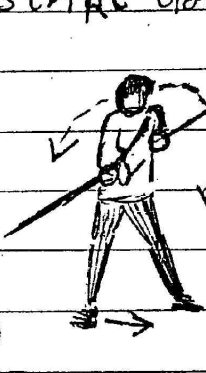
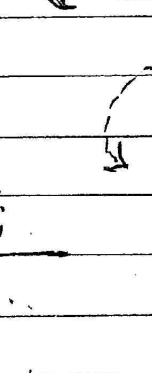
horse riding stance



strike down



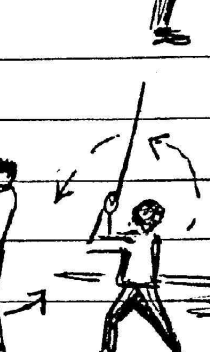
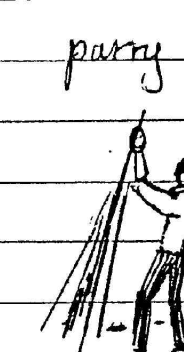
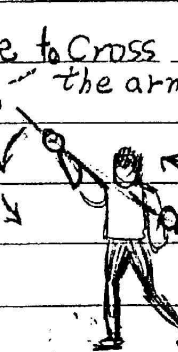
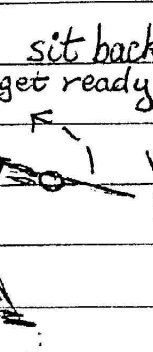
horse riding stance strike down



come round again



sit back to cross the arms to get ready



up parry

roll into a ball

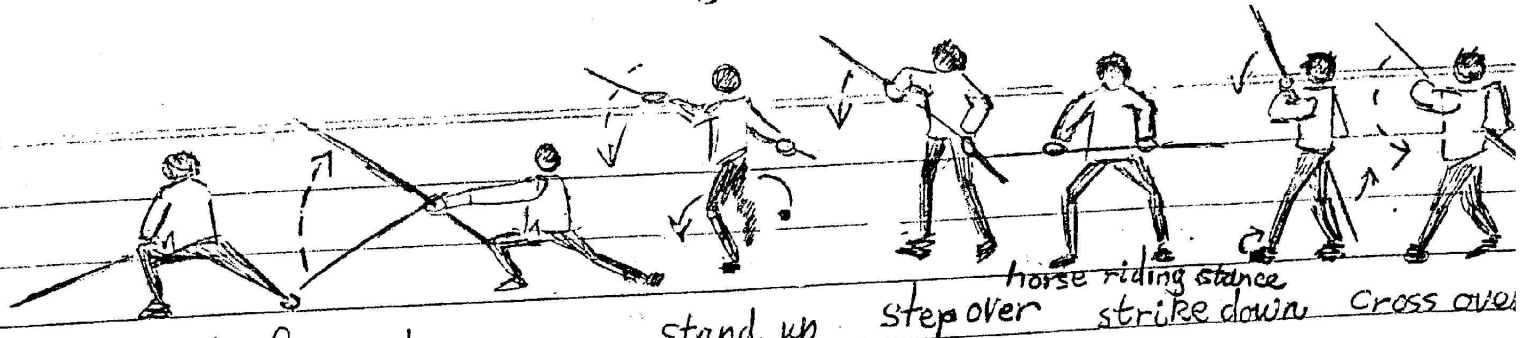
rotate around

hit it

hit it

hit it

slam it down



slide pole forward on floor

stand up

step over

horse riding stance

strike down

cross over



down

over head pass

ground

stop



around

all the way back to the right.

roll & cross over



hit behind

step back

& point

cross legs and jab, with end of stic



step back to retreat

raise left knee up.

closing salu